

Begin Your New Life With Us

Why choose the Central Coast's only private maternity hospital?

✔ Ongoing support

- Flexible appointments
- CTG monitoring, Iron Infusions and hydration prior to birth
- Diabetes educator, on-site Nutritionist and in-house Physiotherapist
- Baby weighing after birth
- 24 hour Obstetricians & Paediatricians available on call

✔ Birthing

- Three spacious, modern birthing suites – equipped with a bath/shower, oil diffuser, sound bar, swiss balls, pull out lounge and snacks for you and your partner
- Individualised birthing plans
- Deep immersion baths available for labour and birth
- Caesarean births with experienced, caring theatre staff and Midwives
- Kangaroo care – skin to skin

✔ Special Care Nursery

- Support for unwell babies born from 32 weeks of pregnancy
- On-site Paediatricians and Neonatologists
- Biliblanket for jaundice – allowing you to keep your baby by your side
- The latest bubble CPAP ventilation system

✔ Postnatal Private Suites

- Extended five to six night stays, with around the clock support
- Comfortable, muphy beds for partners and meals and accommodation for you and your partner at no extra cost
- Ensuite bathroom including monsoon shower, free WIFI and television.

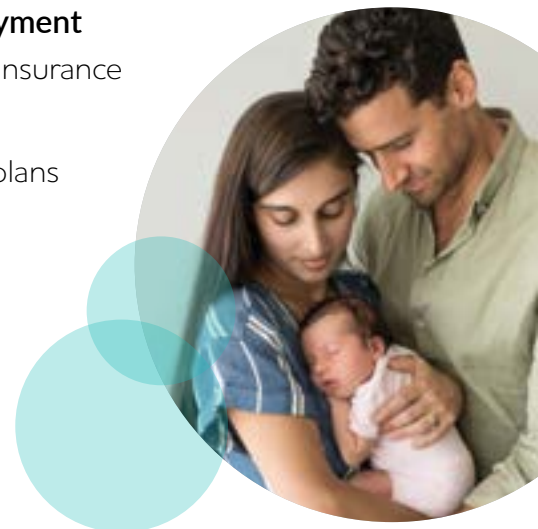
✔ Antenatal, postnatal education and support programs

- Meet and Greet: Welcome tours
- Birth and Beyond: Antenatal and Parenting program
- Face-to-face booking In appointments
- Advice on bathing, looking after your newborn and breastfeeding support from lactation specialists.
- NSW Hearing Screening
- On-site pharmacy
- Daily specialist Paediatrician review of all babies
- Counselling and Mental Health programs – support for Postnatal Depression (PND)

✔ Fees and Payment

- Private health insurance
- Self-funded
- Pre-payment plans

and much,
much more...



Gosford Private
Maternity Services